



Floodgates Catering and Food Services

Selection Menu

Meats

Tropical Duck Breast
Basil or Thyme Garlic Lamb Chops
Lemon Basil Boneless Chicken Breast
Filet Mignon (steak or carve)
Bake Pouson (whole baby chicken)
Cornish Hen (game bird)

International Dishes

Moroccan Lamb & Vegetable Couscous
Indian Coconut Fish Curry

Seafood

Chilean Sea Bass
Grouper
Red Snapper
Tuna
Salmon
Shrimp
Scallops

The seafood is prepared in various ways

Veggies, Soups and Salads

Spinach Stuffed Tomato
Asparagus
Green Bean Almandine
Stuffed Squash
Mixed Steam Veggies
Julianne Vegetables (sautéed thin cut veggies)



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Soups

Spinach Potato Soup w/Leeks
Tomato Bisque
Cream of Broccoli
Cream of Chicken Wild Rice

Salads

House Salad
Orecchiette w/Sautéed Greens & Scallion Sare
Goat Cheese Cranberry & Walnut Salad w/Citrus Balsamic Dressing
Bokchoy Salad (Chinese Salad)
Spinach, Red Pepper and Mango Salad
and etc.

Starches

Wild Rice
Organic Brown or White Rice
Savory Rice
Risotto Rice
Sweet Indian Rice
Pasta Alfredo
Pasta Salads
Potato Casseroles
Lanais Potato
Baked Potato (white or sweet)
and etc.

Dessert

Spain's Three Cheese Cheesecake
Individual Blueberry Coconut Pound Cakes
Black Forest Cake
and etc.